

### Temporary Delivery Due to the COVID19 Pandemic

H879 - Fitness and Health Promotion									
					Delivery				Comments
	AAL	Course Code	Course Title	Course Weight	In-person	Hybrid	Online	Clinical	
1	1	FHT101	Structure & Function Of The Human Body	4			x		
2	1	FHT102	Nutrition Of Wellbeing	4			x		
3	1	FHT105	Group Fitness Leadership 1	2			x		
4	1	FHT103	Wellness & Healthy Living	4			x		
5	1	FHT104	Foundations Of Exercise Training	3			x		
6	1	ELEC1030	Choose 1 Elective Course	3			x		
7	1	FHT106	Computer Tools For Fitness Professionals	3			x		
8	3	FHP300	Exercise Anatomy & Physiology	4			x		
9	3	FHP305	Group Fitness Leadership II	2			x		
10	3	FHP302	Biomechanics	3			x		
11	3	FHP303	Awareness Through Exercise 1	4			x		
12	3	ELEC1030	Choose 1 Elective Course	3			x		
13	3	FHP304	Exercise Prescription	4			x		

\* Hybrid is a combination of online and face to face delivery