



Sexual Violence Prevention Meeting Minutes – January 10th, 2022

Attendees: Jenny lee Almeida (SCC - Chair), Shubham Sharma (SRC), Ryan Peebles (SRC), Sarah Wilkins (SRC Student lead), Cassandra Carrothers (SRC Student Lead), Hannah Lacroix (TSI), Rebecca Demchuk (SCC), Heather Torti (GEM Residence), Lyndi Morgan (CLC Residence), Greg Lowry (CMHA), Beth Pirouet (SCC HR/ Campus Hearing), Art Barron (SCC Student Services), Stephanie Woodall (TSI), Nancy Hempel (SCC Student Services), Winter McConnel (SCC Human Resources), Jennifer Johns (Chatham)

- 1) Introductions – new members joined the team this meeting.
- 2) REES Community presentation discussion <https://www.reescommunity.com/campus/>. REES is Trauma-informed and centered on the needs of survivors, REES gather critical data for institutions while bridging anonymous incident reporting with access to information about reporting options, resources, and supports.
 - a. Feedback from committee;
 - Provides students with a safe anonymous way to report
 - Repeat Prep ID; is a feature of REES that helps to identify a person that has perpetrated sexual violence against multiple people. A survivor can provide specific identifying information about the perpetrator and if there is a match of identifying information provided by two survivors, the designated campus contact will be informed.
 - Connects students to supports while providing also a description of the supports
 - Simplifies and cleans up the website for students
 - b. Next Steps: Rebecca Demchuk through the college safety funding will bring forth to Senior Management.
- 3) Website Subcommittee – A. Barron, J. Almeida & S. Woodall
 - a. The subcommittee will be meeting prior to the next SVP mtg. to discuss, plan and start creation of SVP website redesign. All agreed that adding REES Community on SVP website would aid in simplifying the process for students accessing supports.
- 4) Sexual Misconduct Policy – All
 - a. SVP Committee reviewed policy for any final revisions.
 - b. Nancy H. & Jenny-Lee A. to send feedback to incorporate into the policy to Rebecca D.
 - Adding expanded languages to help further supports students.
 - Adding language explaining that counsellors, therapists and SVP team are trained in supplying trauma-informed care, culturally inclusive supports.
 - c. The policy will be completed and sent to Senior Management for final approval.

5) SVP Student Group Update

- a. Ryan updated the group on Winter Term activities/initiatives.
- The SVP Team members brainstorming ideas for this next semester. With most of January being online, thinking of doing another virtual event.
- January is National Human Trafficking Prevention Month, and the colour for this is blue. Thinking online contest similar to the one we did last semester, with blue instead of purple.
- February -Teen Dating Violence Awareness Month, which is dedicated to raising awareness of teen dating violence and helping youth establish healthy relationships. Will explore further ideas for events.
- April is Denim Day. Denim Day is Wednesday, April 27th this year, and April is Sexual Assault Awareness Month. Posters will be created encouraging staff and students to wear denim in person, as well as hold a photo contest to encourage students to share their Denim Day photos on Instagram on the 27th. Throughout the beginning of April, we can create posters/Instagram posts with facts and educational messages on them to educate the student body and bring awareness to the issue of sexual assault.

6) Residence Update (Q Hall and GEM)

- a. Heather updated the group on January orientation at the GEM International Residence.
- 41 students currently living at GEM and have had one-on-one orientation training around consent, healthy relationships and has indicated that she supplies information and explanation as to accessing online modules through THRIVES.
 - b. Lyndi updated the group on January orientation and activities at the Quittenton Residence and Chatham.
- Orientation for new students will be happening in January. It is expected the residence will be getting (minimum) 20 students. These students will complete a sexual violence prevention and consent PowerPoint.

7) SVP Training Options – J. Almeida

- a. **Trauma-Informed Care Education Session: February 9th 1pm-3pm** (Jenny-Lee to co-facilitate with CMHA). The purpose of the education session is to provide a foundational understanding of the principles of trauma informed care, and the role it plays in supporting the health and recovery of individuals who have experienced traumatic events.
 - Invitation to go out to all SVP Committee along with counsellors, health center and security to receive open invitation. This is not mandatory training.
 - This session could be used as a be refresher, new material or added material and information.
 - Jenny-Lee A. to distribute flyer and training information when provided from CMHAWECB.
- b. Free responding to disclosures on campus training:
<http://respondingtodisclosuresoncampus.com/>
 - ☐ SVP committee to have roundtable discussion on training, feedback, and next steps.

- b. Bystander training/curriculum: <https://cultureofrespect.org/program/bringing-in-the-bystander/>
- ☐ Bringing in the Bystander is evidence-based bystander intervention program and curriculum that uses a community responsibility approach. It teaches bystanders how to safely intervene in instances where sexual violence, relationship violence or stalking may be occurring or where there may be risk that it will occur.
 - ☐ Next steps Rebecca D. to bring forth to Senior Management for approval.
- c. <https://sarecentre.org/>: Offers training and support to individuals and institutions in the administration and delivery of the EAAA sexual assault resistance program.
- The Flip the Script with EAAA™ program empowers young, self-identified women to trust their judgement and overcome social pressures to be "nice" when their sexual integrity is threatened.
 - Jenny-Lee A. to email Sare Centre to explore pricing for Train-the trainer options and date(s). <https://sarecentre.org/infographic.html>
 - SVP Committee to explore and discuss candidates from SVP team that would take the train-the-trainer at next SVP mtg.
- 8) Round Table – Unfortunately only three minutes left in the meeting.
- a. Upcoming Mental Health events and programming briefly discussed, and Jenny-Lee A. indicated she would share with SVP committee in minutes.



...is a myth.

But the “winter blues” and Seasonal Affective Disorder are very real.

As the weather grows colder and sunlight hours dwindle, it's important to take extra care of your mental health to keep SAD at bay.

Join us for a LIVE discussion on tips for managing SAD and COVID-19 anxiety, and to learn more about the resources available to you.

When: Monday, January 17th from 12:00pm-1:00pm

Where: Facebook Live @CMHAWECB



Canadian Mental
Health Association
Windsor-Essex County

Community well-being is our sole focus.





**HEALTHY MINDS 4 LIFE (HM4L) IS A COMPREHENSIVE
FIVE PART EDUCATIONAL SERIES
ABOUT MENTAL HEALTH AND WELLNESS.**

THERE IS NO COST TO REGISTER AND ATTEND.

HM4L Topics Include:

- Understanding Mental Health and Mental Health Promotion
- Positive You: Building Resilience
- Caregiver Stress: Strategies for Families and Caregivers
- Understanding Anxiety
- Understanding Depression

**Open to anyone interested in learning
more about mental health.**

Offered by the CMHA Health Centre
Facilitated by Allison Chandler, MSW, RSW



- Dates:**
- Tuesday, January 25th -- 1:00 pm – 3:00 pm
 - Tuesday, February 1st -- 1:00 pm – 3:00 pm
 - Tuesday, February 8th -- 1:00 pm – 3:00 pm
 - Tuesday, February 15th -- 1:00 pm – 3:00 pm
 - Tuesday, February 22nd -- 1:00 pm – 3:00 pm

Offered via Zoom



Register via **Eventbrite**

Register: <https://www.eventbrite.ca/e/healthy-minds-4-life-tickets-239553851017>



**We understand that the death of a loved one
can be overwhelming.**

Please join us for an Adult Bereavement Education Webinar that will provide you with support and information about what to do after someone dies, regardless of when or how the death occurred. We strongly encourage you to take this opportunity to gain some valuable insight and perspective that may help you on your grief journey.

- Topics to be explored in this 90 minute session include:
- How Grief Affects You
 - Common Reactions and Appropriate Expectations
 - Healthy Coping Strategies
 - Taking Care of Yourself

Choose to attend one of the following dates:

Tuesday, January 18th from 10:30am - 12:00pm (Virtual)
Thursday, February 17th from 3:00pm - 4:30pm (In person)
Tuesday, March 22nd from 7:00pm - 8:30pm (Virtual)

**Registrants will receive a Zoom meeting invitation upon registration*

Register for FREE online at www.windsorsex.cmha.ca/events/



**Canadian Mental
Health Association**
Windsor-Essex County

Community well-being is our sole focus.

1400 Windsor Ave., Windsor, ON

P 519-255-7440 • www.windsorsex.cmha.ca • @CMHAWECB

Register: <https://windsorsex.cmha.ca/events/adult-bereavement-011822/>



Taking Care: Where Art Meets Wellness is a virtual program focused on support our community's mental health and wellbeing through art.

Workshops are FREE and open to everyone. Use the materials you have at home!

Workshops are delivered virtually on ZOOM. Pre-registration is required. You will receive instructions on how to join the ZOOM call once you have registered.

Recorded Webinars from FSWE:

<https://www.youtube.com/playlist?app=desktop&list=PLbBnXUbmIO5DMqpUkTSNnDYJTGxVVVmVh>