

## **Program Physical Demands Analysis**

Program	Developmental Services Worker (K200)	Date	May 2011
Co-Ordinator	Connie Marion	Chairperson	Mark Benoit

STRENGTH STRENGTH									
	WEI	GHT	* FREQUENCY						
Physical Demands	Maximum (in lbs)	Usual (in lbs)	Never	Seldom	Minor	Required	Major		
Lifting	120	120			$\boxtimes$				
Carrying	120	50-75			$\boxtimes$				
Pushing	100	30-50			$\boxtimes$				
Pulling	100	30-50			$\boxtimes$				
Fine Finger Movements									
Handling									
Gripping									
Reaching (Above Shoulder)					$\boxtimes$				
Reaching (Below Shoulder)					$\boxtimes$				
Foot Action (1 Foot)					$\boxtimes$				
Foot Action (2 Foot)					$\boxtimes$				

## Comments

DSWs work in a wide variety of settings with individuals who have varying levels of ability. In some settings, the DSW may be required to lift or position clients. However, no one has been denied entry because of a disability.

MOBILITY							
	* FREQUENCY						
Physical Demands	Never	Seldom	Minor	Required	Major		
Throwing		$\boxtimes$					
Sitting				$\boxtimes$			
Standing				$\boxtimes$			
Walking				$\boxtimes$			
Running			$\boxtimes$				
Climbing			$\boxtimes$				
Bending/Stooping				$\boxtimes$			
Crouching				$\boxtimes$			
Kneeling			$\boxtimes$				
Crawling		$\boxtimes$					
Twisting			$\boxtimes$				
Balancing			$\boxtimes$				
Comments:							

If a student is unable to physically demonstrate a skill due to a disability, he/she may demonstrate the skill verbally, directing another student through the procedure. These students could complete the program, but may not be employable

SENSORY / PERCEPTUAL						
	* FREQUENCY					
Physical Demands	Never	Seldom	Minor	Required	Major	
Hearing - Conversation					$\boxtimes$	
Hearing - Other Sounds					$\boxtimes$	
Vision – Far					$\boxtimes$	
Vision - Near					$\boxtimes$	
Vision - Colour					$\boxtimes$	
Vision - Depth					$\boxtimes$	
Perception - Spatial					$\boxtimes$	
Perception – Form					$\boxtimes$	
Feeling				$\boxtimes$		
Reading					$\boxtimes$	
Writing					$\boxtimes$	
Speech					$\boxtimes$	
Comments:						

WORK EN	VIRONI	MENT_			
_	* FREQUENCY				
Physical Demands	Never	Seldom	Minor	Required	Major
Inside Work				$\boxtimes$	
Outside Work			$\boxtimes$		
Hot/Cold				$\boxtimes$	
Humid/Dry			$\boxtimes$		
Dust		$\boxtimes$			
Vapour Fumes		$\boxtimes$			
Noise				$\boxtimes$	
Moving Objects				$\boxtimes$	
Hazardous Machines			$\boxtimes$		
Electrical		$\boxtimes$			
Sharp Tools etc.		$\boxtimes$			
Radiant/Thermal Energy			$\boxtimes$		
Slippery			$\boxtimes$		
Congested Worksite		$\boxtimes$			
Comments:					

CONDITIONS OF WORK						
	* FREQUENCY					
Physical Demands	Never	Seldom	Minor	Required	Major	
Travelling				$\boxtimes$		
Work Alone				$\boxtimes$		
Work Independent but in group				$\boxtimes$		
Deadline Pressures		$\boxtimes$				
Interact with Public				$\boxtimes$		
Operate Equipment/ Machinery		$\boxtimes$				
Comments:						

⊠ yes

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Never.....Not performed.

Seldom ......Seldom performed. Not daily.
Minor.....Minor daily activity. Less than 1 hour

Required ......Frequent repetition, for 1-3 hours daily
Major .....Major job demand. Maximum ability required. Frequent repetition for more than 3 hours daily.